

Castelnau Community Centre - Programme of events Sept– Dec 2011

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|---|---|---|---------------------------------|----------------------------------|
| PLAYGROUP 9.00 - 11.00am | BOLLYKIDZ 10.00 -11.00am | PLAYGROUP 9.00 - 11.00am | MESSY PLAY 9.30-11.30am | PLAYGROUP 9.00 - 11.00am | CROSSROADS 9.00-12.30 | |
| COMM. CAFÉ 9.15-11.15am | COMM. CAFÉ 9.15-11.15am | COMM. CAFÉ 9.15-11.15am | COMM. CAFÉ 9.15-11.15am | COMM. CAFÉ 9.15-11.15am | | |
| PILATES 9.30 - 10.30am MUMMY MATTERS 11am - 12pm | YOUNG AT HEART 11.30 - 12.30pm | BADMINTON 9.00 - 10.00am BABY YOGA 10.30-12.30pm 2 x 5 weeks 14/9/-30/11 | | BADMINTON 9.00 - 10.00am ELDERS monthly lunches 10.00-3.00pm | | BOXING 10.00 - 12 noon |
| BABY MASSAGE 12.30– 2.30pm 5 week course 12/9-10/10 | FIRST AID COURSE 1.00—3.00pm Creche 1-3pm 5 week course 1/11-29/11 | OPEN ACCESS 10.00 - 12.30pm | OPEN ACCESS 12.30 - 3.00pm STAY & PLAY 1.00 -3.00 pm | JOB CLUB 10.00-12.30pm | | |
| CAB 10.00 -4.00pm appointment only | | COOK & CHAT 1.00 -3.00pm 14/9-30/11 | CLLR. RITA PALMER 1.00 - 3.00pm (2nd Thurs of month) | BADMINTON 2.00-3.00pm | | |
| JUNIOR CLUB & FFS 3.15 -5.15 (3—6pm) KICKZ 5.30-7.30pm | FIT FOR SPORT 3.00 -6.00pm. KICKZ 4.00-6.00pm | FIT FOR SPORT 3.00 -6.00pm | INFANT CLUB & FFS 3.15-5.15 (3 –6pm) | FIT FOR SPORT 3.00-6.00pm | | |
| | (YOUTH CLUB COOKERY) 6.00 -7.30pm | YOUTH CLUB 7.00 - 9.00pm | COMMUNITY CHOIR 7.30-9.00pm BYT 8.00-10.00pm | YOUTH CLUB 7.00 - 9.00pm | | |

KEY: Playgroup / Centre upstairs / IT Suite / Centre Foyer / Centre Hall / Centre Foyer and Hall/Children's Centre Lowther